



INSTITUTE OF NATIONAL
ANTI-DOPING ORGANISATIONS

2019 iNADO Workshop: Raising the Water Level!

This is the latest [draft programme](#) of our 2019 WS. Summoned under the title "Raising the Water Level", special focus will be given this year to support anti-doping work globally taking also the perspective and needs from medium-size and small (N)ADOs into consideration.

[Breakout sessions](#) include, among others:

- Testing: How to allocate resources in a TDP
- Science: Social drugs and doping
- Results Mgmt: Case studies in dealing with problem results
- Education: Moving from reactivity to proactivity. Building a programme for the long term
- I&I: How to systematically capture, analyse and incorporate information into testing and investigations

Review the overview and [description of all breakout sessions](#) here! It will help participants choose the most interesting one.

We still have seats left. Registration closes on March 1 or when we run out of seats.
Please use this button to register.

[Register](#)

iNADO AGM

The Annual General Meeting will take place on March 11 also at the University of Lausanne. Agenda has been sent to our member CEOs separately.

IOC Study on the Use and Effect of Dietary Supplements in High Performance Sports

The IOC Medical Commission, together with many well-known anti-doping scientists, published a research paper in the British Journal of Sports Medicine and we recommend all ADOs to read and match against your prevention programmes (free access).

The study titled [IOC consensus statement: dietary supplements and the high-performance athlete](#) aims to help athletes and support personal who face the decision whether to use a (specific) supplement or not. This well compiled article provides general information about supplements including definition, classification, risks, prevalence and common reasons for their consumption.

Furthermore the authors point out that most of the studies supporting supplement efficacy lack rigorous or simply have no scientific evidence. For consumers, the review helps to distinguish products without scientific background from those whose effects have been

proven. Finally, using a flow chart the study facilitates an informed decision, reducing risk of anti doping rule violation.

Clean Sport Week - Save the Date

Following successful campaigns in 2017 and 2018, UKAD will again host Clean Sport Week this year, which will take place from 20-26 May 2019. Clean Sport Week (#CleanSportWeek) is an awareness campaign mobilising sport enthusiasts but also British sport icons.

The large impact of the campaign is in no small part due to the support received from National Governing Bodies, athletes, Sports Councils, sporting organisations, colleges and universities.

Please remember that this is not the only multi-stakeholder social media campaign ADOs can join. April 10 is [Play True Day](#) and all stakeholders in sport across the globe are invited to host prevention activities (e.g., awareness campaigns) and share their clean sport messages via social media

Role of the Media in curbing Doping among Middle and Long Distance Runners in Kenya (S. Mwangi, 2018)

We invite managers in anti-doping organisations to review this newly [research by Simon Mwangi](#). Communications Mgr at Anti-Doping Agency of Kenya, found out that sports journalists in Kenya have not been adequately exposed to workshops, trainings or sensitization forums on matters related to doping in sport and this has affected their reporting of such cases.

Simon presented this research to earn the master of arts degree in communication of the School of Journalism and Mass Communication, University of Nairobi. It revealed that most media houses in Kenya lack staff training policies and this has contributed to the lack of exposure to anti-doping issues among sports journalists. The study further found out that the complexity of the doping phenomena has affected the manner in which sports journalists in Kenya frame their stories on doping cases among athletes. Broadcast media and the internet were found to be the most preferred mediums of receiving anti-doping messages by athletes. The sampled athletes also revealed that the Kenyan media messages against doping influence their practices during competitions and when they are also not competing. The study recommends that the Government ensures all media houses in Kenya establish staff training policies.

WADA Vacancies

Anti-Doping experts with experience in a NADO or RADO should be aware of these vacancies.

- [Manager. Program Development and NADO / RADO Relations](#) Application deadline is 24 Feb
- [Senior Manager. Program Development and NADO RADO Relations](#) Deadline is 24 Feb



PCC Conference Discount for iNADO Members

iNADO Members interested in participating at the [Partnership for Clean Competition Conference](#) (April 16-18, London) can do so at a **discounted fee**. iNADO members will register for U\$ 600 p. P. (originally U\$900) . Registration will close April 1, 2019, or when capacity is reached. Send an email to info@inado.org first to get the discount code.

The conference hosts a wide range of anti-doping authorities, including analytical and social scientists, athletes, administrators of programs, legal experts, etc. This is the direct link to [the agenda](#). PCC partner hotels can be booked [here](#).

Pechstein case. European Court of Human Rights confirms legitimacy of CAS

Claudia Pechstein's long legal battle has come to an end, and not a happy one from her point of view. The European Court of Human Rights (ECtHR) dismissed recently Pechstein's claim and by reinforcing Pechstein's original two-year doping sanction from 2009 it backed the legitimacy of the Court of Arbitration for Sport (CAS).

This is a recapitulation of the case as appears on [Legal Tribune Online](#) (in German)

After CAS decided in a non-public hearing against Pechstein and her appeal to the Swiss Federal Court to be unsuccessful, she filed a lawsuit against the ISU before a Regional Court (LG) in Munich and demanded compensation for punity damages. The German LG dismissed the appeal as inadmissible, which led her to appeal to the German Federal Court (BGH), which also rejected Pechstein claim.

As other athletes, Claudia Pechstein signed an arbitration agreement with the ISU which gave CAS an exclusive jurisdiction in any eventual dispute. The major important argument which Pechstein chose at the BHG, and which ultimately was also reviewed by the ECtHR, was the composition and independence of the CAS. The German BGH, deemed Pechstein's consent to the arbitration agreement as voluntary. This is something we can argue about. Yes, no one forced her to sign, but she wouldn't be able to compete if she had not.

Pechstein sought in Strasbourg at the ECHR punity damages for the violation of her right to a fair trial under Article 6 of the European Convention on Human Rights (ECHR). She argued that CAS is not an independent and impartial tribunal. She based her argument on the fact that the judges in Lausanne are appointed by a body largely determined by the International Sport Federations, ISU being one of them. In addition, according to her lawyer she should have been granted a public trial.

ECtHR confirmed CAS independence

As early as October last year, a chamber of the ECtHR dismissed Pechstein's complaint against Switzerland, where the Court of Arbitration for Sport is based. The ECtHR at that time however, did note that to a certain degree there is a dependence of the CAS arbitrators from the International Sport Federations. However, in the absence of specific proof, it could not fully assess that CAS as biased. The court was unable to recognize Pechstein's argument by taking a close look at the working methods and structures of the CAS and affirming that to a satisfactory level, it resembles state courts. Similarly, the Swiss Federal Supreme Court, had already confirmed the legitimacy and court similarity of the CAS.

The right to a fair trial did not prevent the establishment of arbitration tribunals, the ECtHR initially stated, even acknowledging that Pechstein had practically no choice but to submit to the jurisdiction of the CAS - which, per se did not constitute a violation of the Human Rights Convention. According to the case-law of the ECHR, such a case would only exist if the arbitral tribunal was not an independent and impartial tribunal.



New at the Anti-Doping Knowledge Center

CAS Cases recently added

This single case of the International Bobsleigh & Skeleton Federation imposes sanctions to four Russian athletes for the violations of tampering, attempted tampering, use or attempted use following the McLaren report:

- [IBSF 2018 IBSF vs Aleksander Kasjanov, Ilvir Khuzin, Aleksei Pushkarev & Aleksander Zubkov](#)

Visit the ADKC also the last [IAAF Taskforce Report to the IAAF Council](#) reg. the Russian Athletics Federation (RusAF) from 4 December 2018

iNADO is the Institute of National Anti-Doping Organisations. It promotes best practices by NADOs and RADOs, and is their collective voice.



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